**Clear Brook SUB VARSITY TRACK MEET**

**Clear Brook High School**

Your teams are invited to the SUB VARSITYTRACKMEET on **Thursday**, **February 1st** at CLEAR BROOK

**SCRATCH MEETING** (SUB VARSITY) will occur at 3:15am. (Finish Line)

**FIELD EVENTS** will start at 3:30 pm

**3200** at 4:00 pm.

All other running events will begin at approximately **5:00 pm**.

LANE ASSIGNMENTS for first 3 scoring Heats (2-Dickinson, 3- Springs, 4- Brook, 5- Creek, 6-Lake) All Lanes will be used after 1st 3 Scoring Heats

Long Jump, Triple Jump, Shot Put and Discus will be 4 attempts, no FINALS.

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| --- | --- | --- |
| EVENT | LEVEL  | STARTING HEIGHTS |
| POLE VAULT | JV | Boys 8’6” W/6” RAISE |
|  |  |  |
| HIGH JUMP  | FRESHMEN BOYS | 5’0” W/2” RAISE |
|  | JV BOYS | 5’2” W/2” RAISE |
|  |  |  |
|  |  |  |
| HURDLES |  |  |
|  |  |  |
| HURDLES | FRESHMEN BOYS | 110 M - 36” (2 HOLES)300 M - 36” (2 holes for all) |
| HURDLES | JV BOYS | 110 M - 39” (3 HOLES)300 M - 36” (2 holes for all) |

**ASSIGNMENTS (There will be CBHS athletes at each event to help):**

Long Jump - Brook

Triple Jump - Dickinson

High Jump - Springs

Discus - Lake

Shot Put - Brook

Pole Vault - Creek

**TIMERS**

 Coaches will time there teams lanes

**Curve Judges** - Creek, Springs , Brook

Coach Kevin Drones

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 Cell# (832) 512-8170

**2024 Sub-Varsity**

**Clear Brook High School**

**Thursday, February 1, 2024**

**3:30 pm SUB - VARSITY FIELD EVENTS**

**POLE VAULT 9 Boys / JV Boys**

**HIGH JUMP JV Boys/ 9 Boys**

**LONG JUMP 9 Boys / JV Boys**

**TRIPLE JUMP JV Boys / 9 Boys**

**SHOT PUT 9Boys / JV Boys**

**DISCUS JV Boys/ 9 Boys**

 **SUB-VARSITY RUNNING EVENTS**

**4:00 pm 3200 M Run** **9 B, JV Boys**

**5:00 pm** **4x100 M Relay 9B, JV Boys**

 **800 M Run 9B, JV Boys**

 **110 M Hurdles 9B, JV Boys**

 **100 M Dash 9B, JV Boys**

 **4x200 M Relay 9B, JV Boys**

 **400 M Dash 9B, JV Boys**

 **300 M Hurdles 9B, JV Boys**

 **200 M Dash 9B, JV Boys**

 **1600 M Run 9B, JV Boys**

 **4x400 M Relay 9B, JV Boys**